



The hungry crocodile!

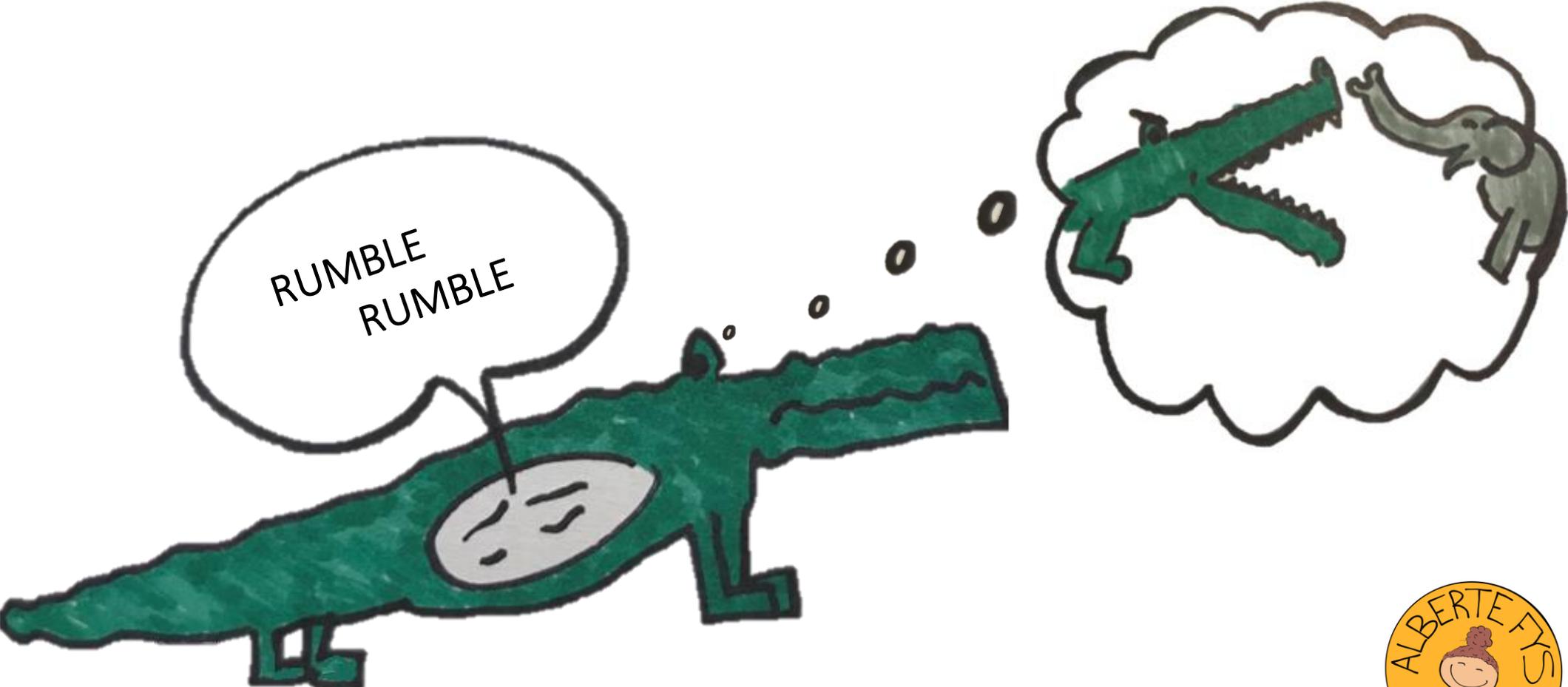
In this story, you have to try to move like a crocodile and fly like an elephant



Me and my friend Croco danced
and danced all day!



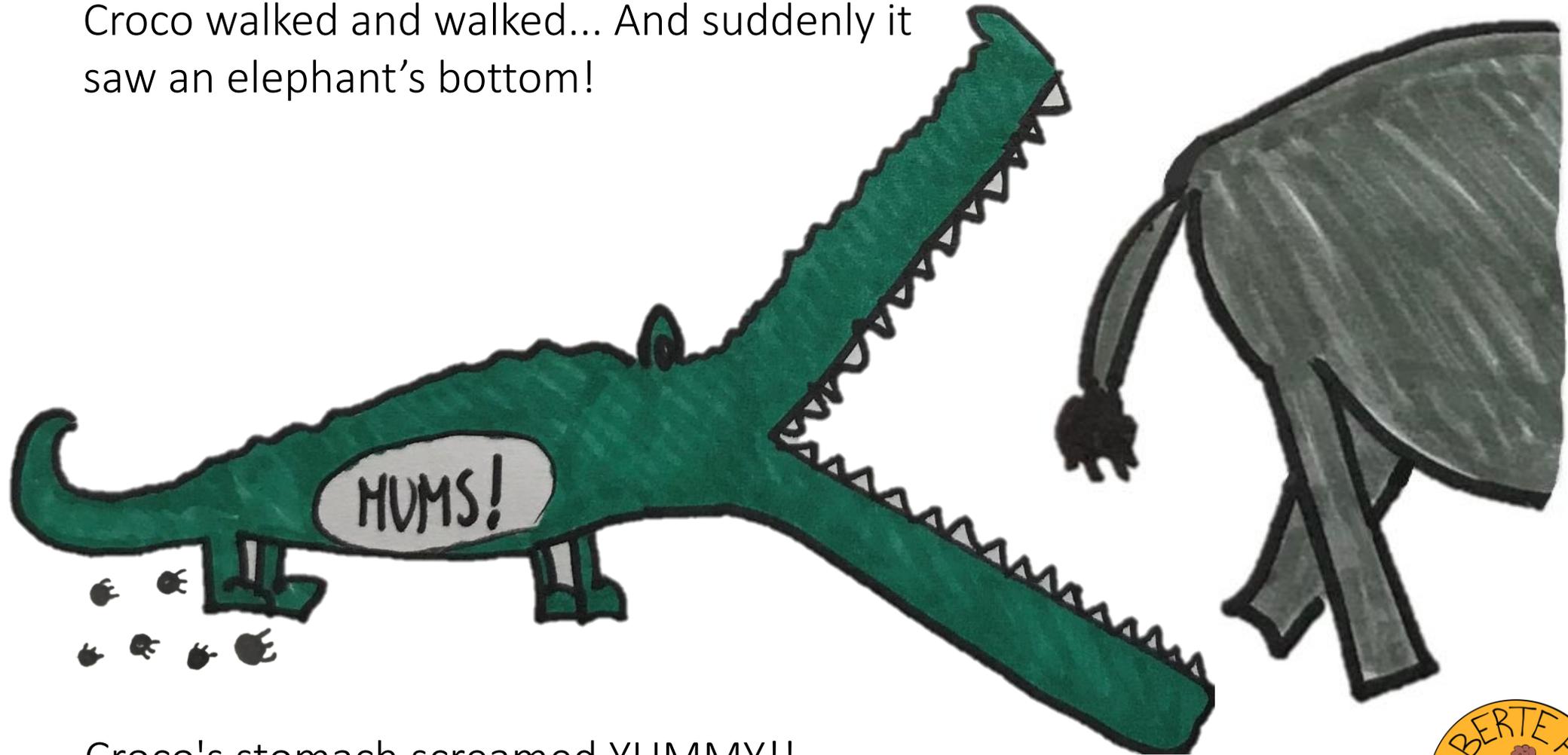
We had so much fun that we completely forgot to eat.
But suddenly Croco got really HUNGRY!



SO hungry it could eat a whole ELEPHANT!



Croco walked and walked... And suddenly it saw an elephant's bottom!

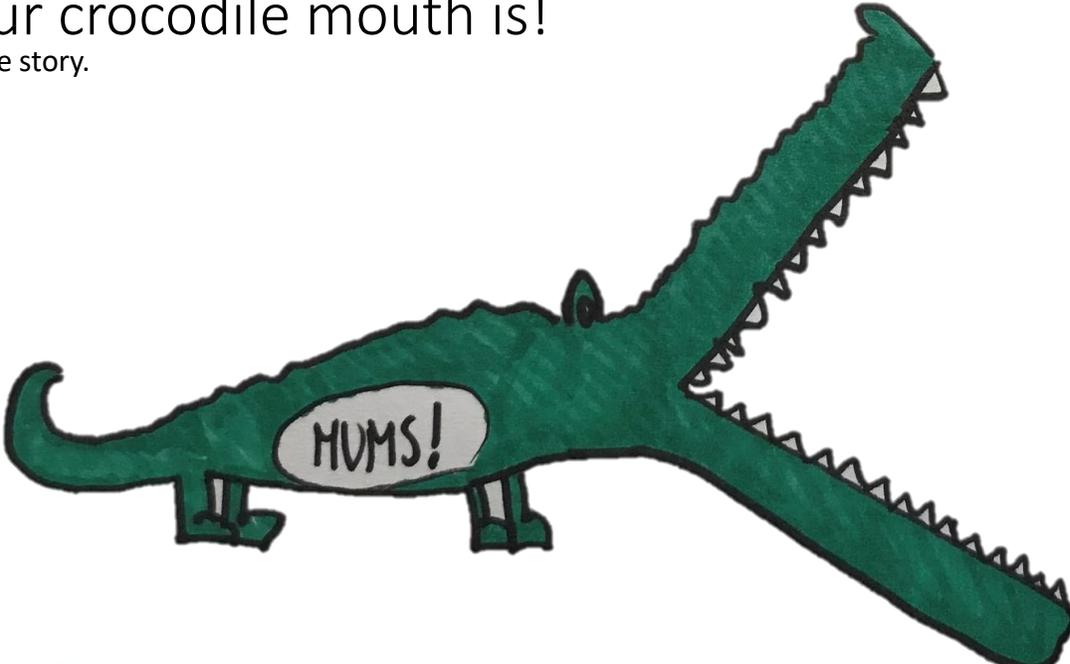


Croco's stomach screamed YUMMY!!
and Croco opened its mouth as wiiiddde as it could!



Let's see how BIG your crocodile mouth is!

Do the same as Croco to hear more of the story.



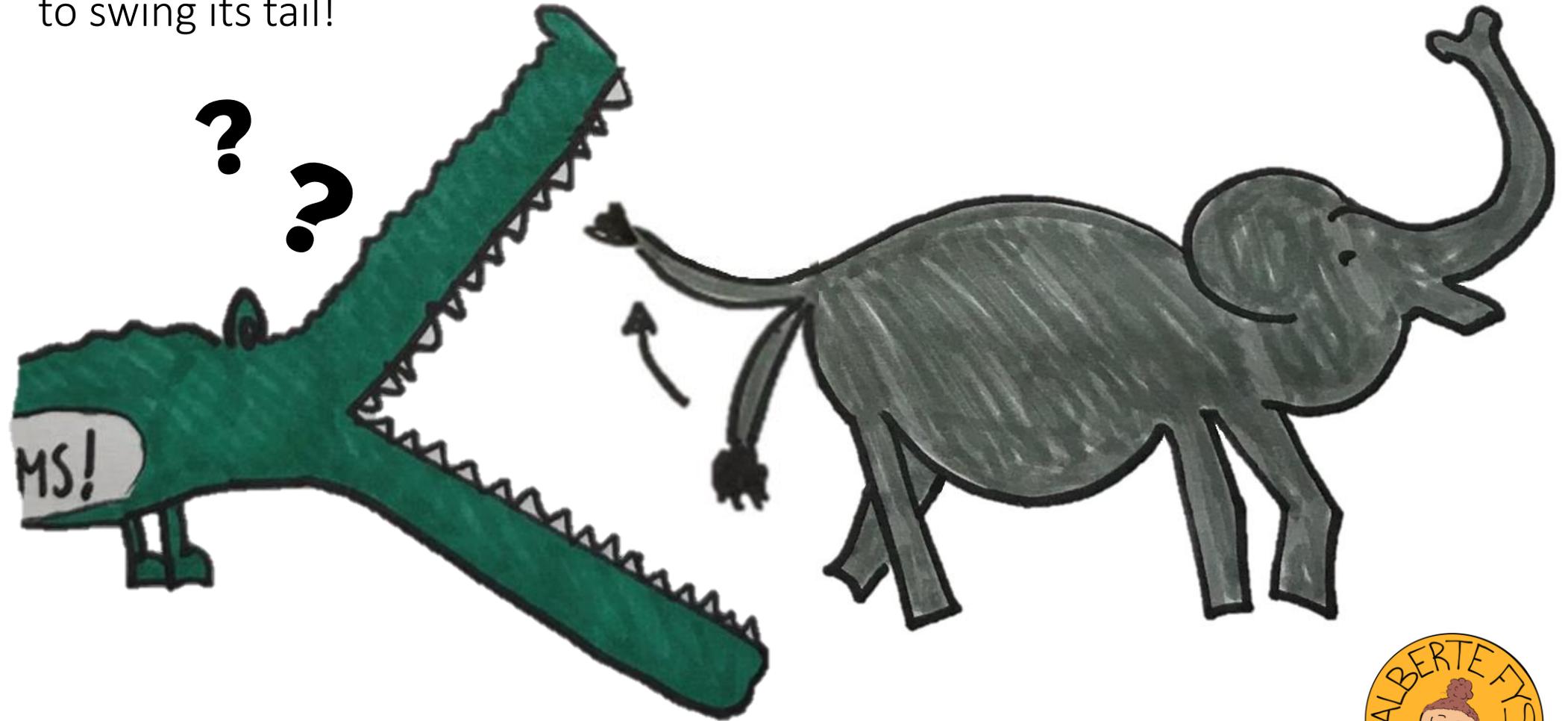
Hip abduction

R:

L:



But just as Croco opened his mouth, the elephant began to swing its tail!

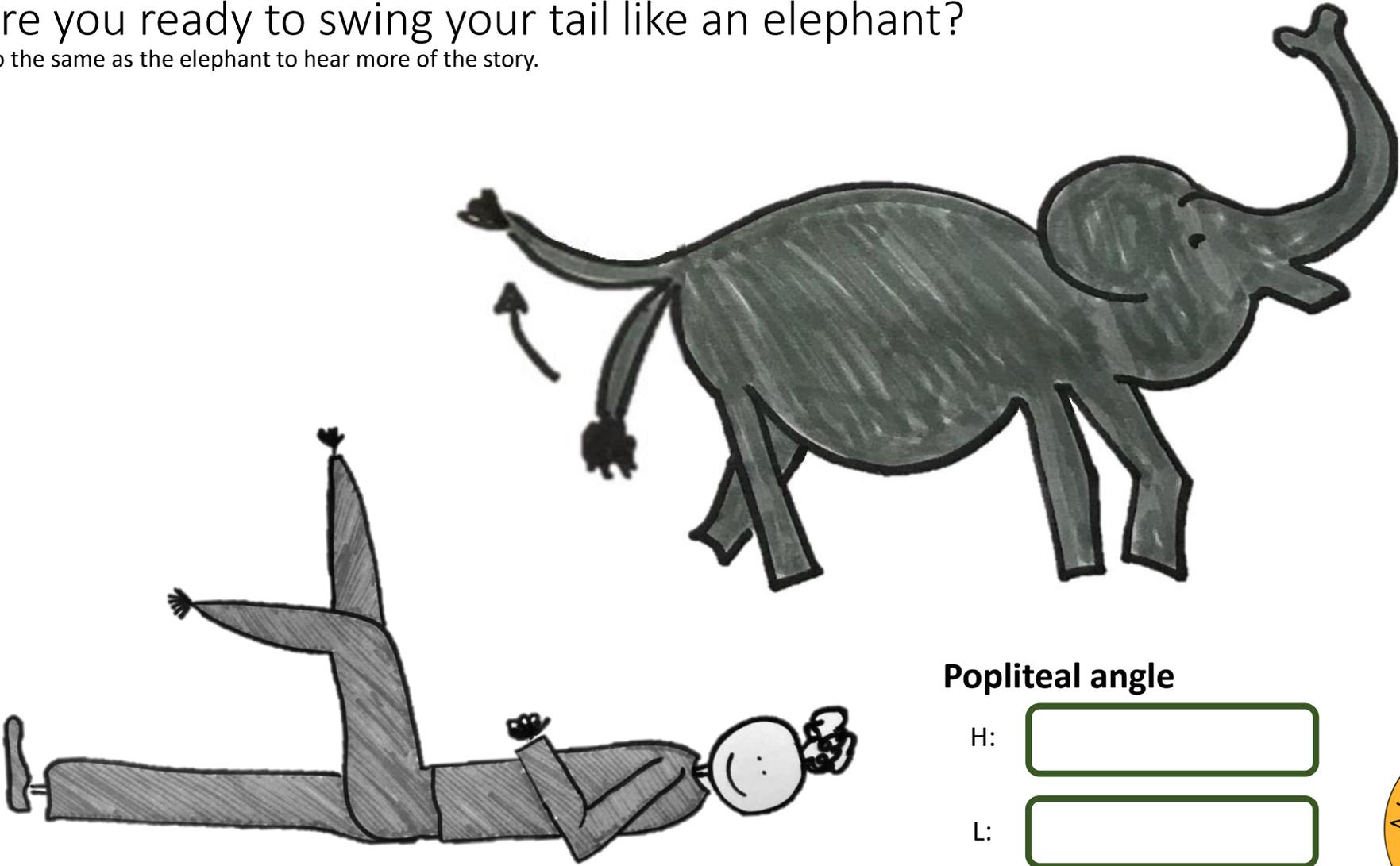


Croco thought: oh, I wonder what is going to happen now?



Are you ready to swing your tail like an elephant?

Do the same as the elephant to hear more of the story.



Popliteal angle

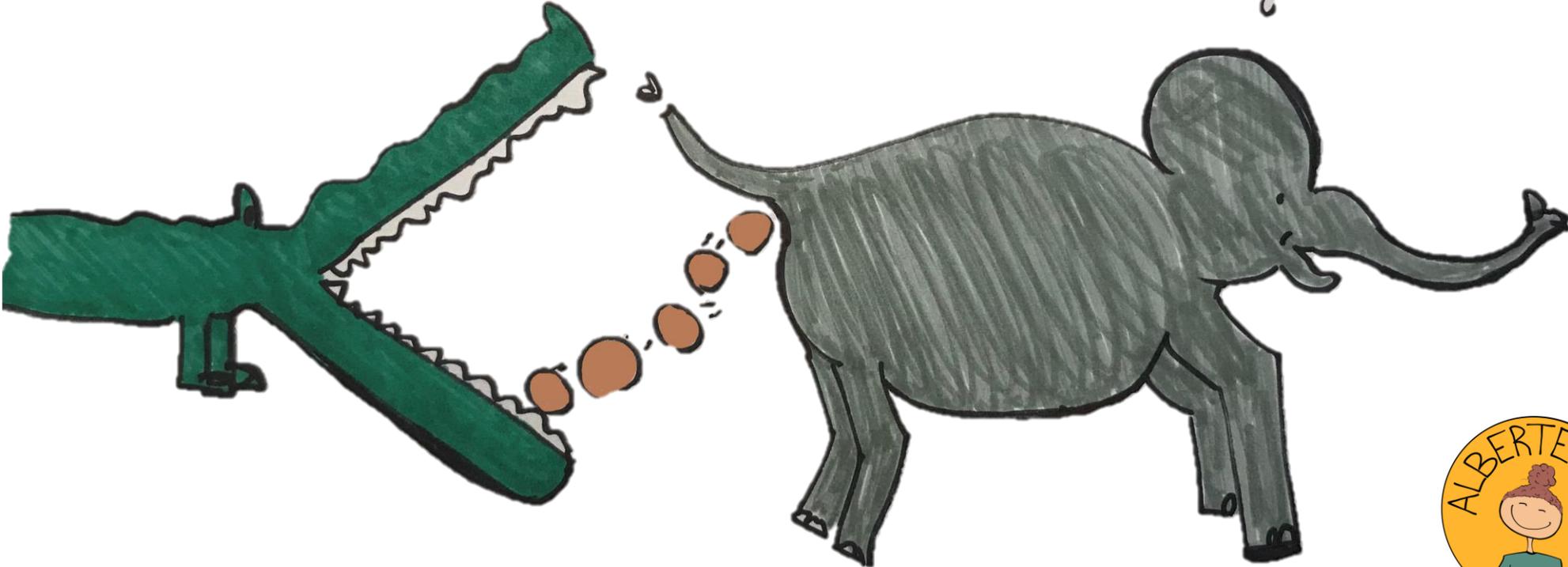
H:

L:

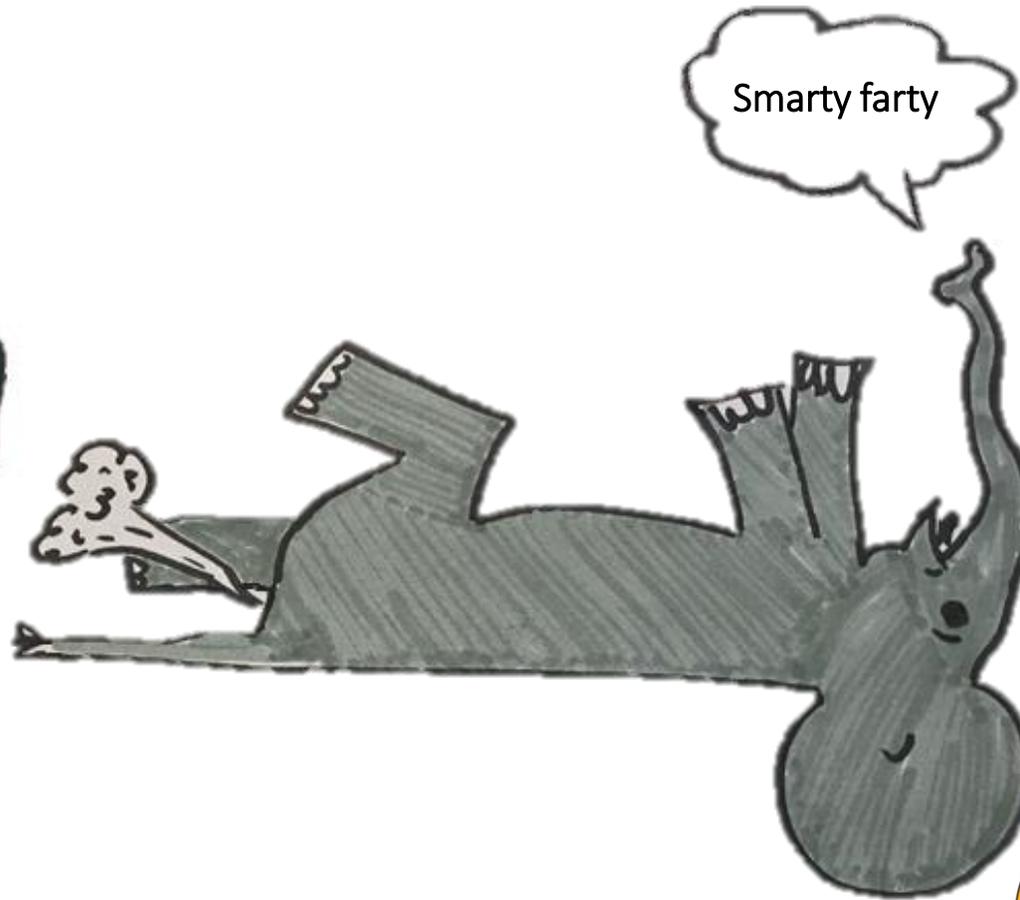
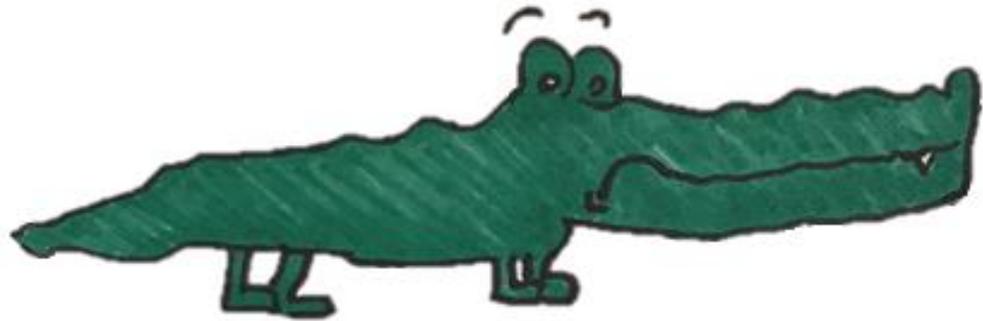


Swing, swing, swing, and suddenly 5 round elephant poos came flying out of the elephant's bottom!

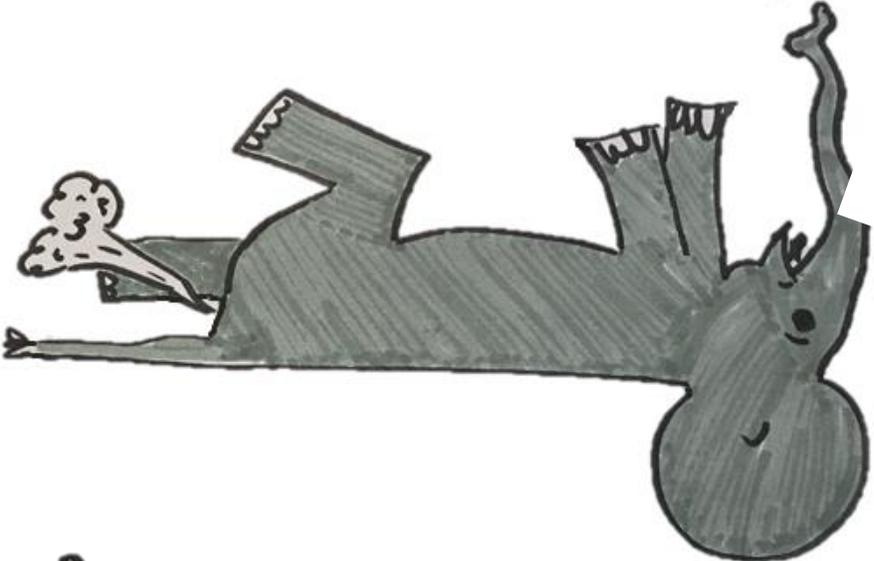
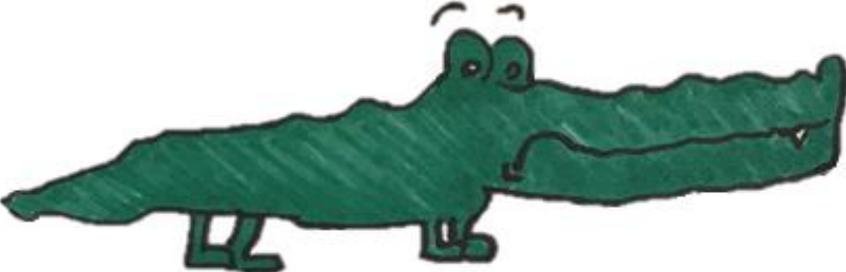
Haha, that will stop you eating me!



The elephant rolled over on its back from laughing haha Then, he did a big fart for dessert!



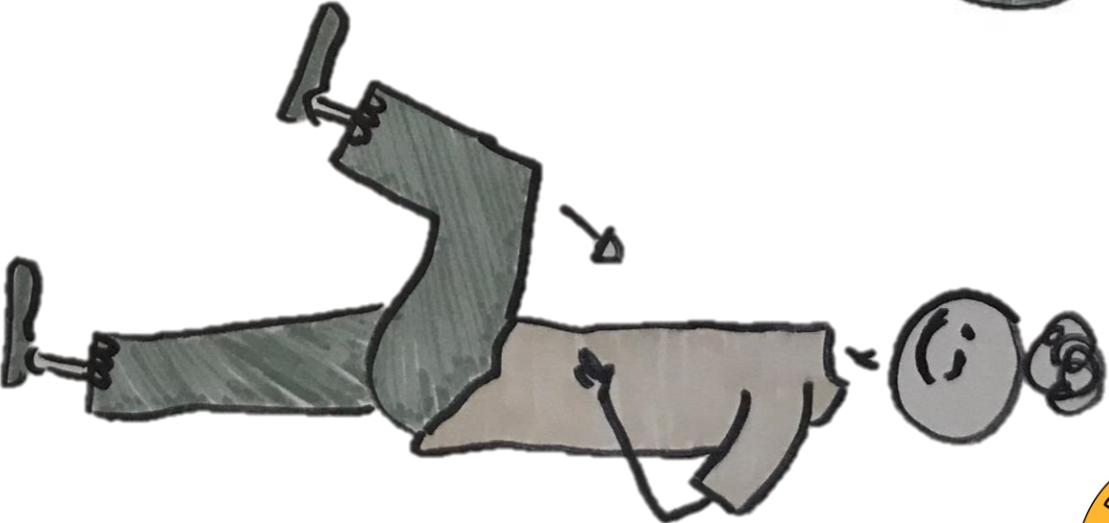
Let's see how big your fart factor is!



Hip flexion

R:

L:



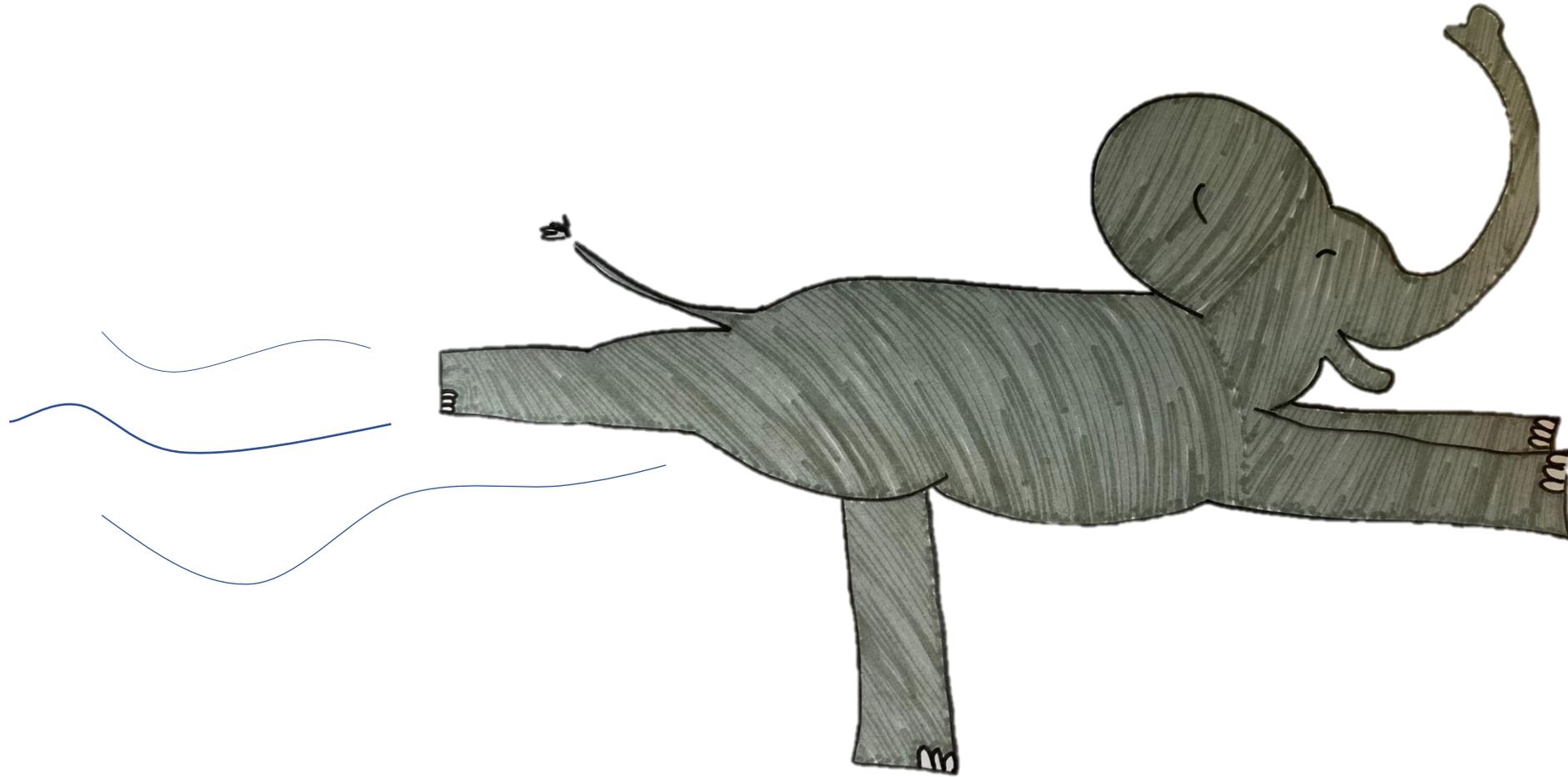
Croco thought it was so awful and started spitting.



Meanwhile the elephant hurried away!



The elephant was so happy that it almost flew home!



Are you ready to stretch out so you can fly like an elephant?



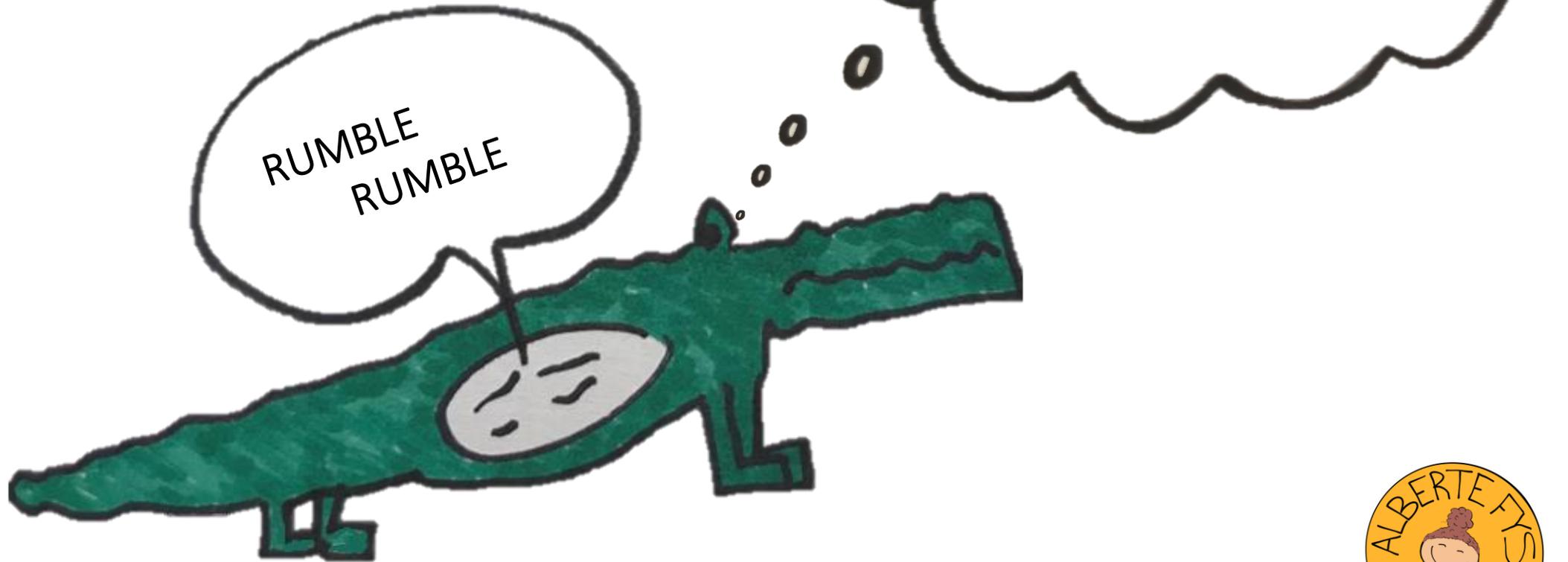
Hip extension

R:

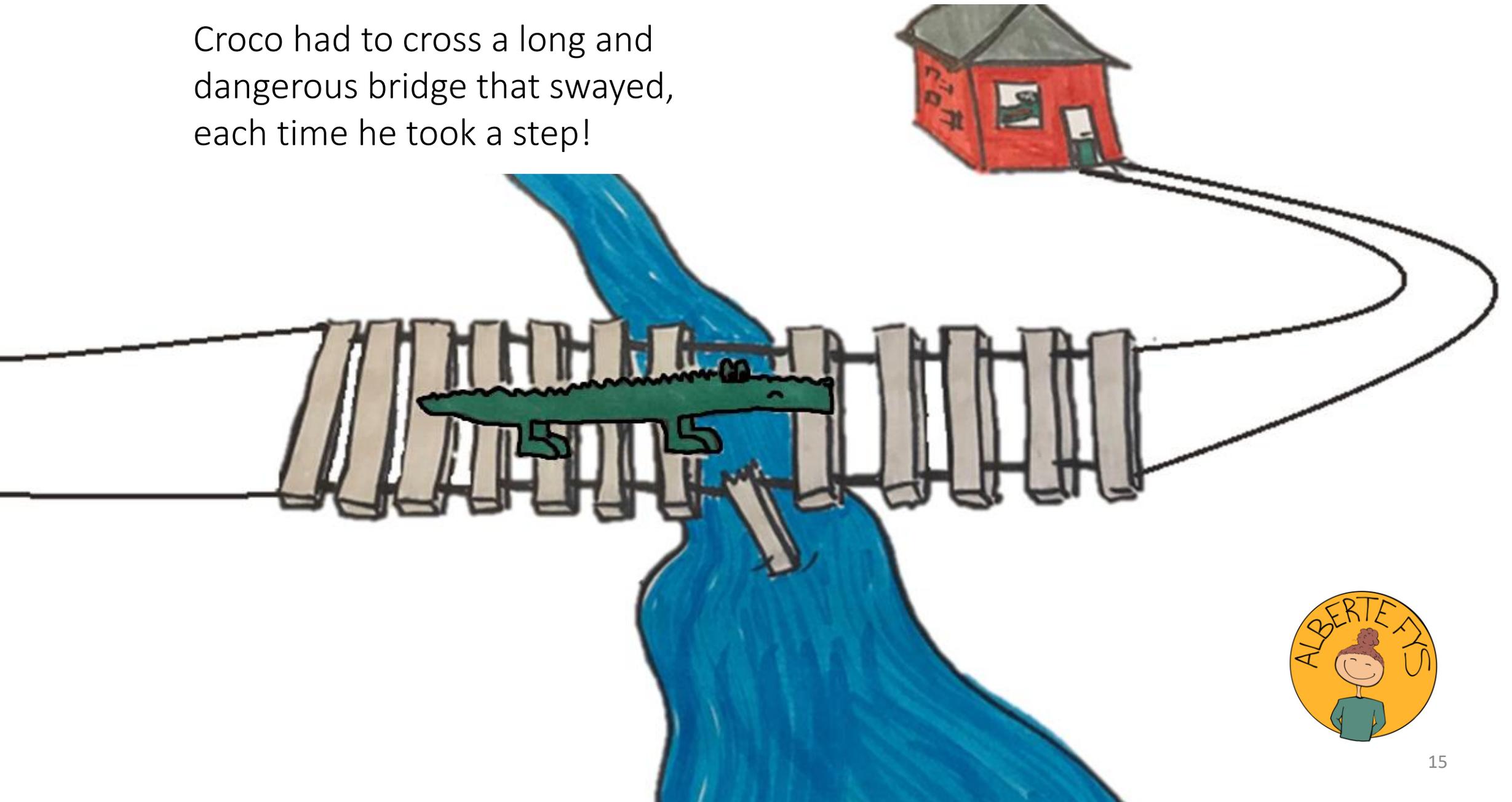
L:



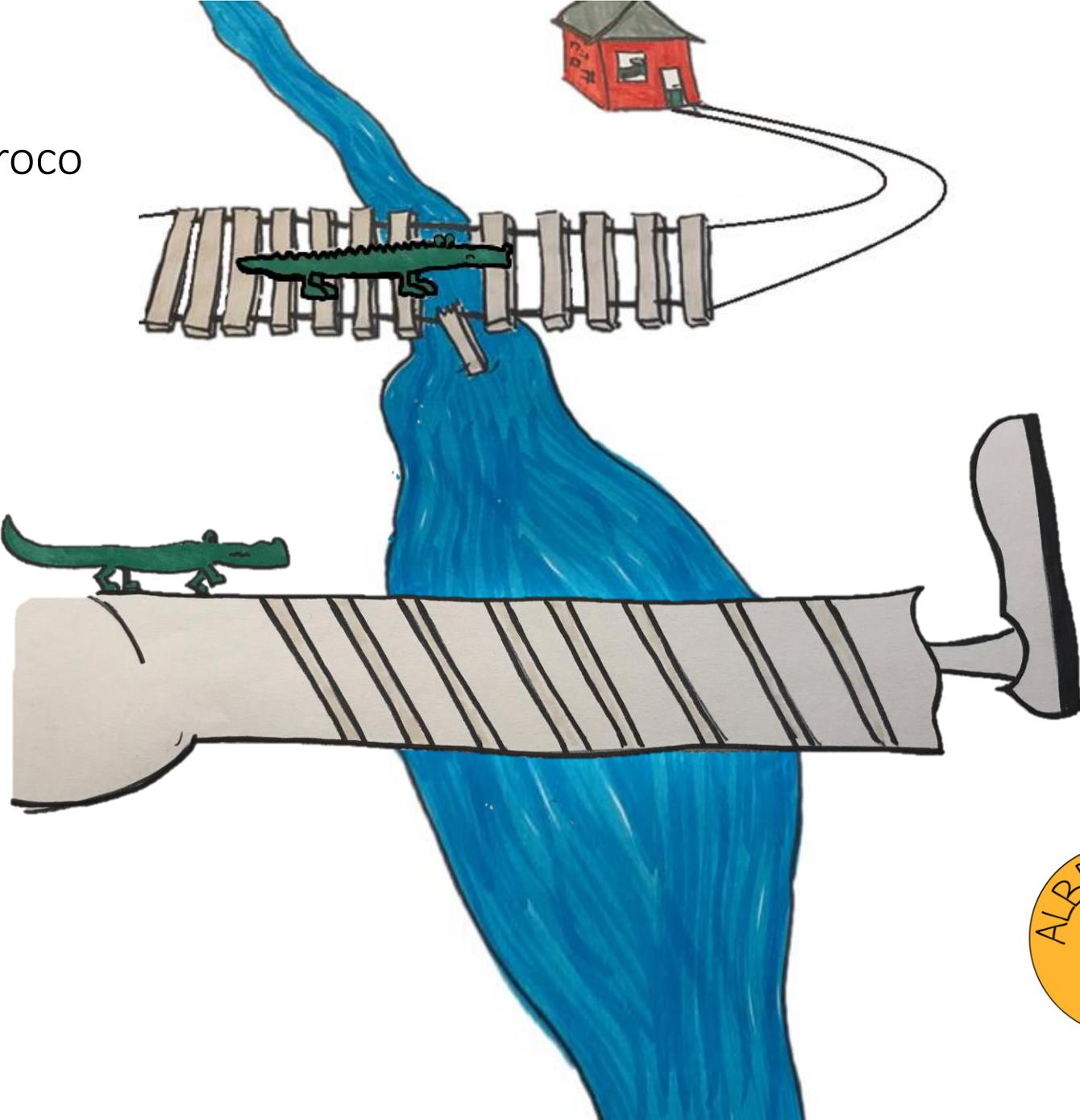
Croco was still hungry... so Croco decided to go home to his mothers and get some food!



Croco had to cross a long and dangerous bridge that swayed, each time he took a step!



Get ready to help Croco over the bridge!



Knee extension

R:

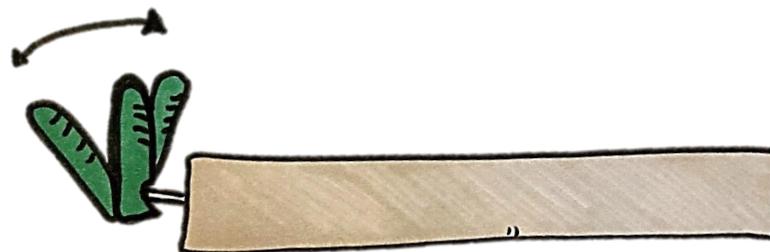
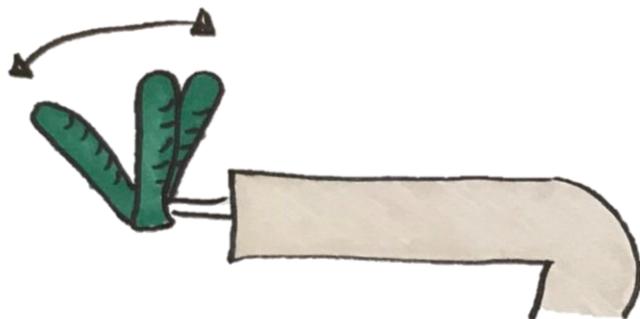
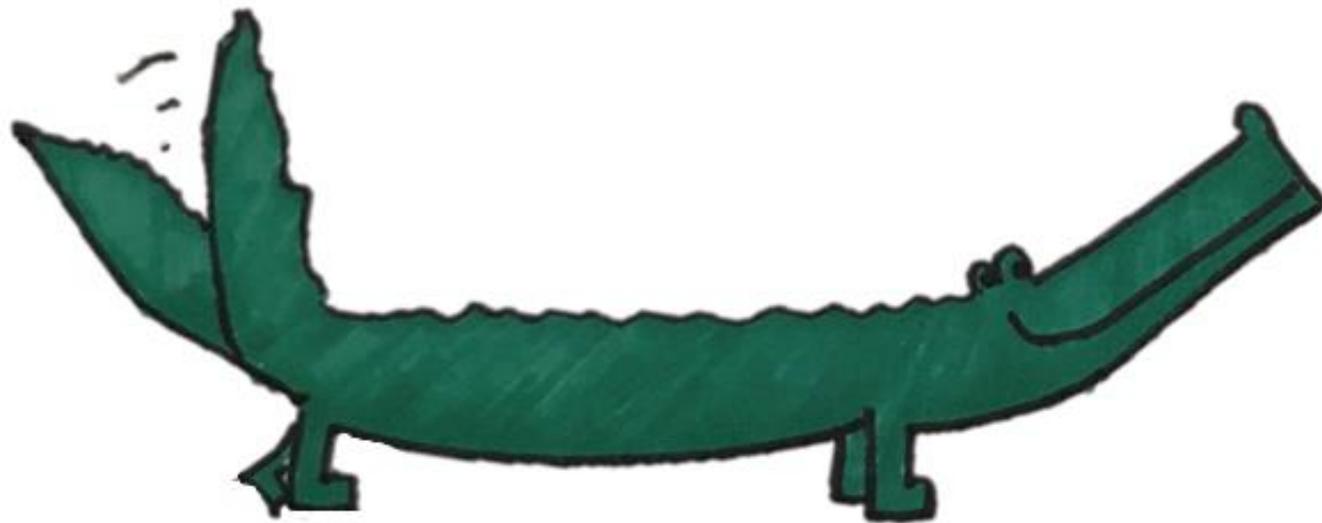
L:



After the long journey, Croco was SO happy finally to be home that he started wagging his tail!



Are you ready to wag like a crocodile?



Dorsi flexion

Knee flexed

R:

L:

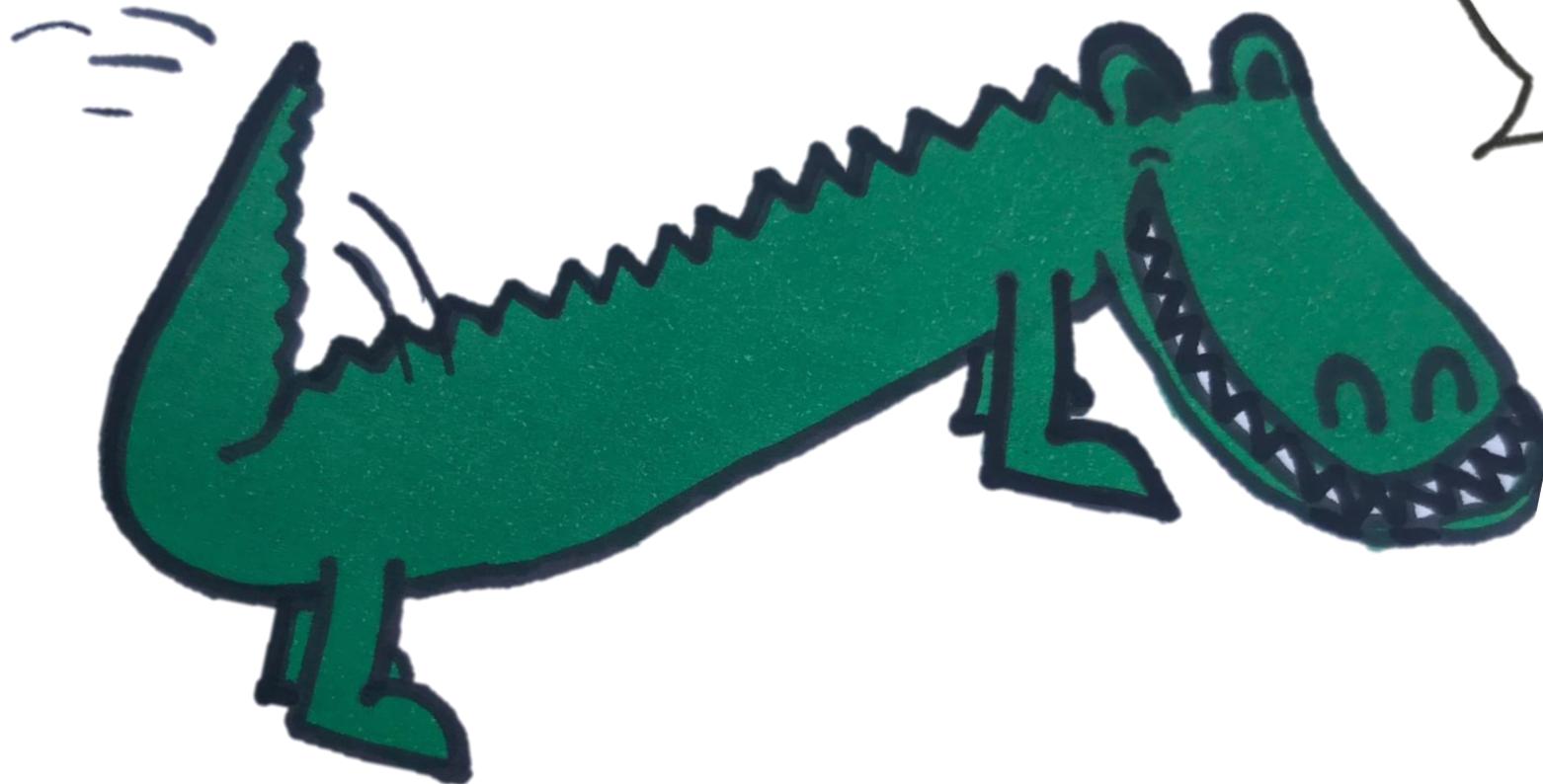
Knee extended

R:

L:



Croco says thanks for your help and waves goodbye like a real crocodile! (waggy, waggy tail)



Ahh, let's wave goodbye in true crocodile fashion!



Hip internal and external rotation

R:

Int:	Ext:
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L:

Int:	Ext:
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Elys test

R:

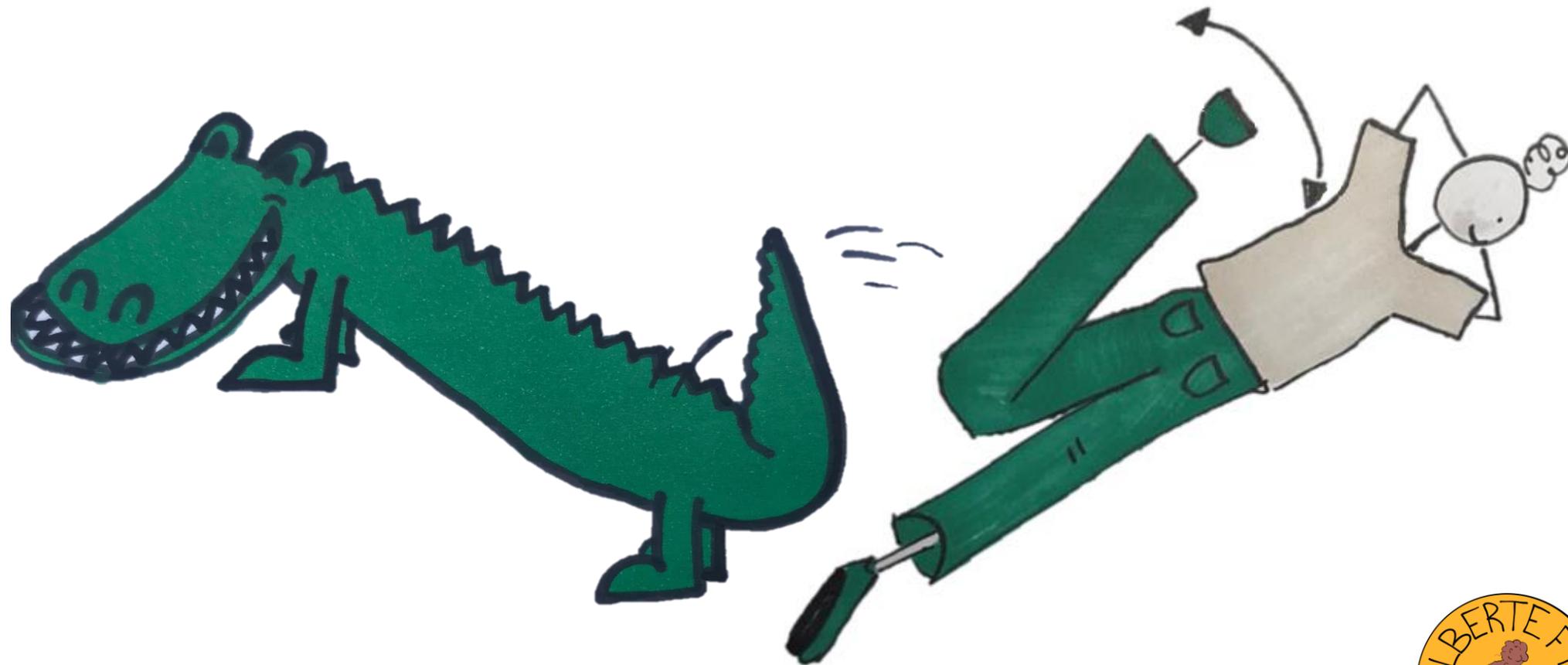
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L:

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Goodbye



Have a great day!





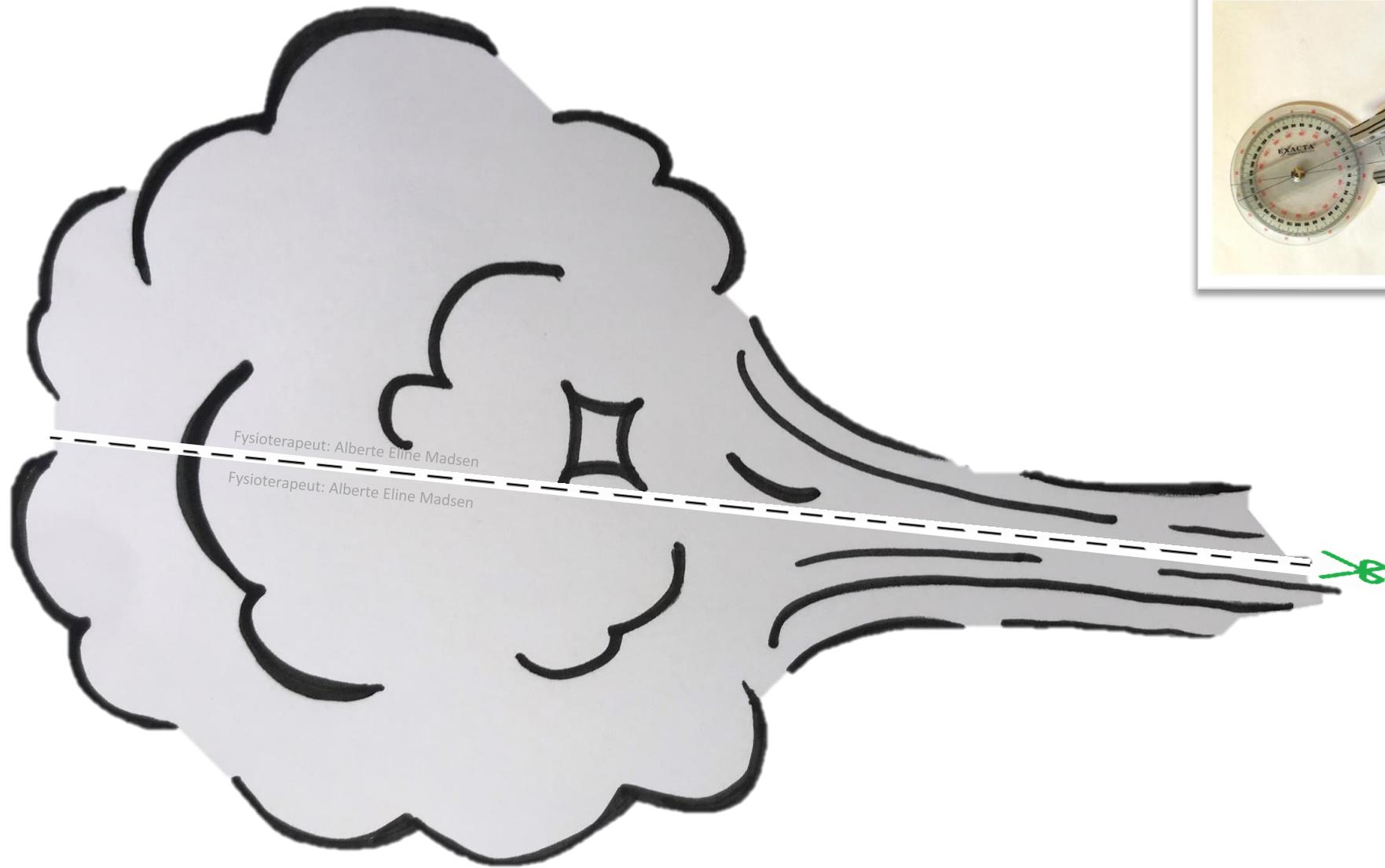
E-mail: Albertefys@gmail.com



Cut out, laminate, and attach to a goniometer with Velcro, one on the back of the goniometer and one on the front.

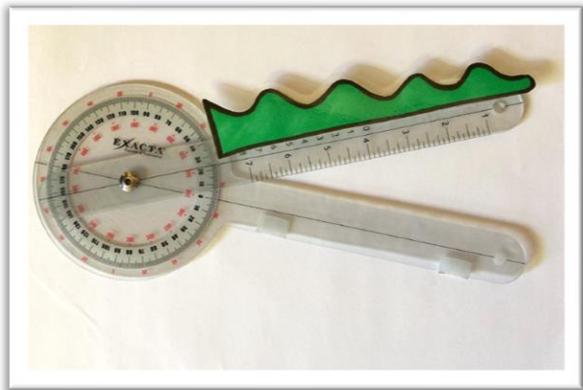
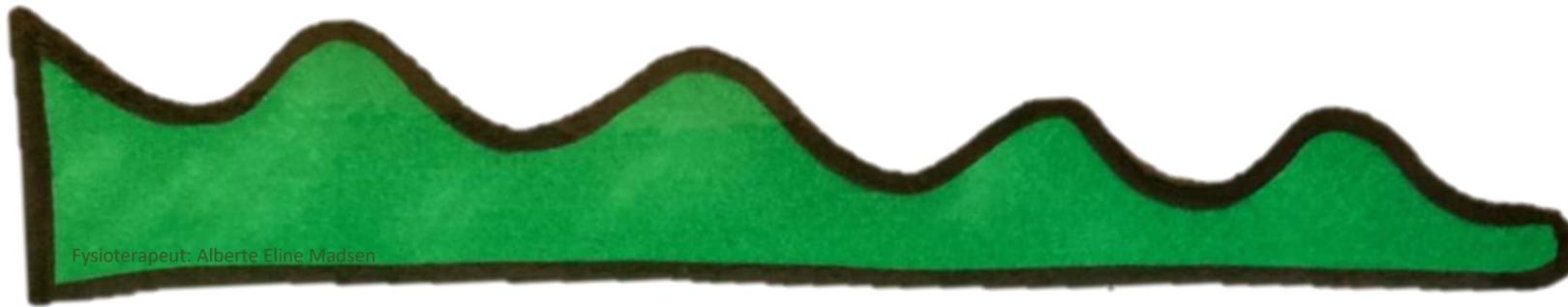
You must be careful not to obscure the two black straight lines on the goniometer, otherwise the measurements will be too imprecise.





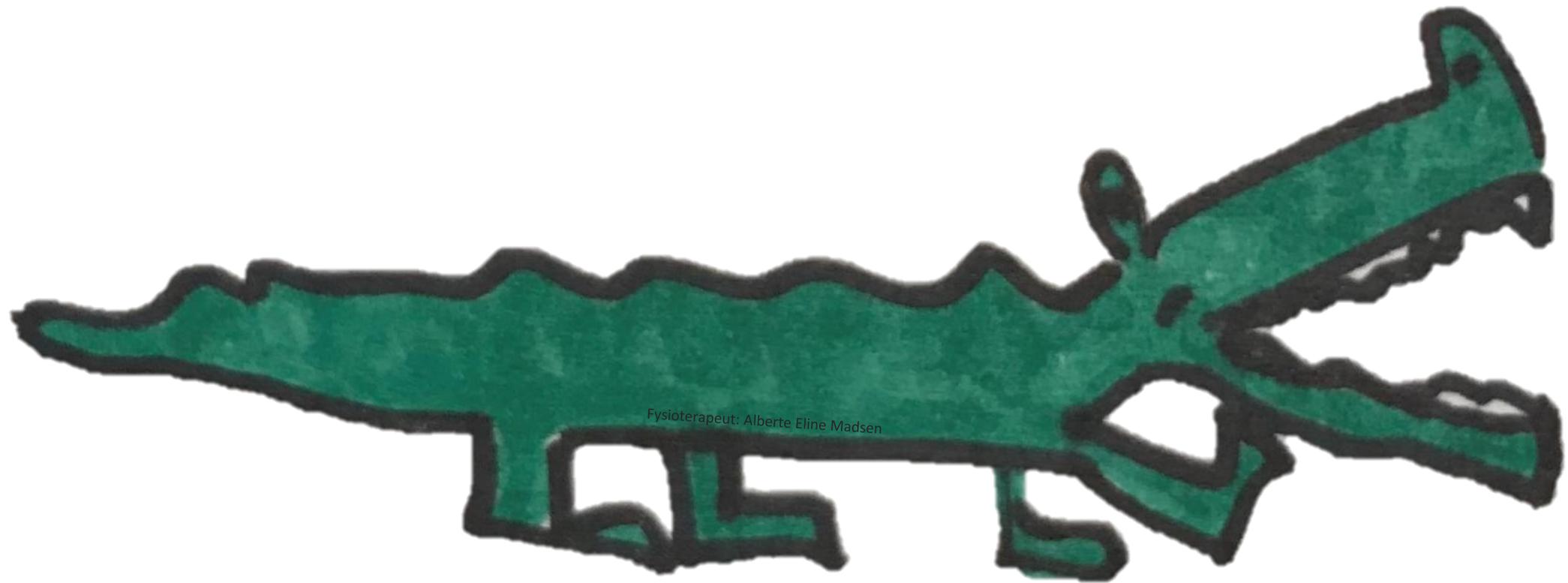
Cut out, laminate, and attach to a goniometer with Velcro, one on the back of the goniometer and one on the front.

You must be careful not to obscure the two black straight lines on the goniometer, otherwise the measurements will be too imprecise.



Cut out, laminate, and attach to a goniometer with Velcro, on the front of the goniometer.

You must be careful not to obscure the two black straight lines on the goniometer, otherwise the measurements will be too imprecise.



Fysioterapeut: Alberte Eline Madsen

Print and cut out to illustrate the part of the story when the crocodile crosses the bridge.

